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## ALLEVIATING EFFECTS OF ASCORBIC ACID ON LEAD TOXICITY IN GOJI (*Lycium barbarum* L.) *IN VITRO*

## ŁAGODZENIE SKUTKÓW TOKSYCZNEGO DZIAŁANIA OŁOWIU POPURZEC ZASTOSOWANIE DODATKU KWASU ASKORBINOWEGO W KULTURACH *IN VITRO* GOJI (*Lycium barbarum* L.)

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**Streszczenie.** Ołów jest jednym z najczęściej występujących metali ciężkich w środowisku. Celem badań było określenie wpływu działania egzogenego 1 mM kwasu askorbinowego na wzrost i parametry biochemiczne *Lycium barbarum* w warunkach stresu wywołanego 1 mM Pb(NO<sub>3</sub>)<sub>2</sub> w kulturach *in vitro*. Eksplantaty stanowiły fragmenty pędów z pakami kątowymi. Na podstawie otrzymanych wyników badań stwierdzono, że ołów miał negatywny wpływ na cechy morfologiczne, takie jak długość pędu i korzeni eksplantatów goji. Dodatek do pożywki soli Pb(NO<sub>3</sub>)<sub>2</sub> spowodował spadek zawartości chlorofili i karotenoidu, peroksydację lipidów, a także znacznie wpłynął na akumulację proliny w liściach goji. Dodatek do pożywki MS 1 mM kwasu askorbinowego łagodził skutki działania soli ołowiu na wzrost i rozwój eksplantatów goji, zawartość MDA i proliny. Obecność kwasu askorbinowego w podłożu, w warunkach stresu wywołanego przez Pb(NO<sub>3</sub>)<sub>2</sub>, miała pozytywny wpływ na świeżą i suchą masę roślin, ale nie wpływała istotnie na zawartość wody w roślinie.

**Key words:** abiotic stress, goji, heavy metal stress, micropropagation, Pb(NO<sub>3</sub>)<sub>2</sub>.

**Słowa kluczowe:** goji, stres metali ciężkich, mikrorozmnażanie, Pb(NO<sub>3</sub>)<sub>2</sub>, stres abiotyczny.

## INTRODUCTION

Heavy metal contamination in soil could result in inhibition of plant growth and yield reduction, and even pose a great to human health via food chain through the accumulation by plants (Nagajyoti et al. 2010; Lamhamdi et al. 2011; Qiao et al. 2015; Sędzik et al. 2015; Nowakowska et al. 2017). Lead (Pb) is one of the dangerous heavy metal pollutants of the environment that originates from various sources. Its contamination results from mining and smelting activities, lead containing paints, paper and pulp, gasoline and explosives as well as from the disposal of municipal sewage sludge enriched with lead (Boroumand Jazi et al. 2011; Lamhamdi et al. 2013; Qiao et al. 2015). As many of the Pb pollutants are indispensable for

modern human life, soil contamination with Pb is not likely to decrease in the near future (Sharma and Dubney 2005). Lead is taken up by plants mainly through the root system and partly in minor amounts through the leaves (Boroumand Jazi et al. 2011). The effect of lead depends on the concentration, type of salt, soil properties and plant species (Lamhamdi et al. 2011). According to Ruley et al. (2004) and Boroumand Jazi et al. (2011) a concentration of Pb higher than 30 ppm in plant tissue is toxic for most of species. Lead can cause a broad range of physiological and biochemical dysfunctions (Lamhamdi et al. 2013). The steadily increasing levels of this metal in the environment causes yellowing of young leaves, reduction in absorption of essential elements such as iron and reduction in the rate of photosynthesis (Sharma and Dubey 2005). High lead concentration affected seed germination, seedlings growth, tolerance index, dry mass of roots and shoots. Although photosynthesis is usually limited, chlorophyll and carotenoid contents, photosynthetic rate and CO<sub>2</sub> assimilation are strongly decreased (Yang et al. 2011; Qiao et al. 2015). Increase of lead in plant tissue causing production of reactive oxygen species (ROS), and changes in lipid membrane structure and permeability (Sharma and Dubney 2005; Najeeb et al 2017).

A possible survival strategy for plants under heavy metal conditions is to use some compounds that could alleviate the Pb(NO<sub>3</sub>)<sub>2</sub> stress effect. The use of vitamins as antioxidants mediated heavy metal tolerance as a selection factor as well as a driving force for improving resistance and adaptation to many abiotic stress factors (Azooz et al. 2013). Vitamins are required in trace amount to maintain normal growth and proper development of all organisms. In addition, vitamins are cofactors of many metabolic reactions (Abdelhamid et al. 2013). Vitamin supplements are known to enhance the plant activities and did not have toxic or mutagenic action (Hassanein et al. 2009; Azooz et al. 2013). Ascorbic acid is an organic acid with an antioxidant properties. The protective role of ascorbic acid in plant cells from the adverse effects of salinity stress was described by Younis et al. (2010) in *Vicia faba* seedlings, Bybordi (2012) in canola, Krupa-Małkiewicz et al. (2015) in tomato seedlings. The role of vitamins in modifying the environmental stresses induced changes in osmoprotectant contents was also investigated by Sadak et al. (2010) and Abdelhamid et al. (2013). According to Krupa-Małkiewicz et al. (2015) ascorbic acid may be of value within biotechnology for the production of valuable substances as well as plant protection.

*Lycium barbarum* L. is commonly known as goji berry. These perennial shrubs inhabiting arid and semiarid regions of Asia, America and Africa. Their special physiological characteristics of drought-resistance and salt-resistance make them a suitable plant to prevent land desertification and alleviating the degree of soil salinity, which is very important for an ecosystem and agriculture in the remote areas (Zheng et al. 2011; Dimitrova et al. 2016).

The objective of this work was to investigate whether ascorbic acid could be a protectant to ameliorate the influence of lead stress on goji explants in *in vitro* culture.

## MATERIAL AND METHODS

**Culture condition and treatments.** The plants material consisted of 15–20 mm shoots with auxiliary buds of goji 'A' (*Lycium barbarum* L.) obtained from sterile stabilized *in vitro* culture. The explants were multiplied on the MS medium according to Murashige and Skoog (1962) composition of vitamins, macro- and microelements, 3% (w/v) sucrose (Chempur, Poland), 0.8% (w/v) agar (Biocorp, Poland) and 100 mg · dm<sup>-3</sup> myo-inositol

(Duchefa Biochemie, Netherlands). After 35 days, shoots cuttings were placed on MS medium supplemented with 1mM ascorbic acid (ASA), 1 mM Pb(NO<sub>3</sub>)<sub>2</sub> or 1 mM ASA with 1 mM Pb(NO<sub>3</sub>)<sub>2</sub>. MS medium without addition of ascorbic acid and Pb(NO<sub>3</sub>)<sub>2</sub> salt solution was the control. After 28 days, morphological (shoot and root length, number of root per one explant, fresh and dry mass) and biochemical parameters (MDA, proline, Chl *a*, Chl *b*, Car), as well as plant water content were measured. Dry mass of explants was determined after drying in the hot-air oven at 70°C for 24 h. Plant water content (PWC%) was determined following Equations 1:

$$\text{PWC (\%)} = (\text{fresh mass} - \text{dry mass}/\text{fresh mass}) \times 100 \quad (1)$$

The pH of all the medium was adjusted to 5.8. Culture jars (300 ml) with the medium (30 ml) were autoclaved for 20 minutes at 121°C and 0.1 MPa. Sample size was 4 explants per culture vessel with eight replicates per treatment. All cultures were incubated in growth room at a temperature of 25°C under 16 hours photoperiod with a photosynthetic photon flux density (PPFD) of 40 μmol · m<sup>-2</sup> · s<sup>-1</sup>.

**Determination of malondialdehyde.** The level of peroxidation was measured in terms of malondialdehyde (MDA) (a product of lipid peroxidation) content determined by the thiobarbituric acid (TBA) according to Sudhakar *et al.* (2001). Plant tissue was homogenized in 5 cm<sup>3</sup> of 0.1% trichloroacetic acid (TCA). The homogenate was centrifuged for 15 min and 4.0 cm<sup>3</sup> of 20% TCA containing 0.5% TBA was added. The mixture was heated at 95°C for 30 min and then quickly cooled on ice bath. The concentration of MDA was calculated from the absorbance at 600, 532 and 450 nm, and MDA contents were estimated using the following Equations 2:

$$\text{MDA } (\mu\text{mol} \cdot \text{g}^{-1} \text{ fm}) = [6.45 \times (A_{532} - A_{600}) - 0.56 A_{450}] \times V/\text{fm} \quad (2)$$

where:

*V* – volume of the sample,

*A* – absorbance,

*fm* – fresh mass.

**Determination of proline.** Proline contents was measured according to the method described by Bates *et al.* (1973). Fresh seedlings (0.5 g) were ground in 3% (v/v) aqueous sulphosalicylic acid and proline were estimated by ninhydrin reagent. The absorbance of the fraction with toluene aspired from the liquid phase was read at 520 nm. The proline concentration was expressed in μmol · g<sup>-1</sup> fresh mass.

**Determination of pigments content.** The levels of Chlorophyll *a*, *b* and carotenoid (Car) were measured in 80% (v/v) acetone extracts. Chlorophyll *a*, *b* and carotenoid content was determined spectrophotometrically at 663, 645 and 440 nm. The concentration of Chl *a* and Chl *b* were calculated according to Arnon *et al.* (1956) in modification to Lichtenthaler and Wellburn (1983) from Equations 3 and 4, respectively derived by Hendry and Grime (1993).

$$\text{chlorophyll } a \text{ (mg} \cdot \text{g}^{-1} \text{ fm)} = [(12.7 A_{663} - 2.69 A_{645})/ 1,000 \times \text{fm}] \times V \quad (3)$$

$$\text{chlorophyll } b \text{ (mg} \cdot \text{g}^{-1} \text{ fm)} = [(22.9 A_{645} - 4.68 A_{663})/ 1,000 \times \text{fm}] \times V \quad (4)$$

Carotenoid content was determined by the Equation 5 of Price and Henry (1991):

$$\text{carotenoid (mg} \cdot \text{g}^{-1} \text{fm)} = [(A_{480} + 0.114 A_{663}) - (0.638 A_{663}) \times V/112.5 \times \text{fm}] \quad (5)$$

where:

- $V$  – volume of the sample,
- $A$  – absorbance,
- $fm$  – fresh mass.

**Statistical analysis.** Results obtained in *in vitro* cultures were statistically analysed using the Statistica v. 12 software. The significance of differences was determined by means of variance analysis (ANOVA) and Tukey's test, at the level of significance of  $\alpha < 0.05$ . Proline, MDA, Chl *a*, Chl *b* and Car were measured in triplicates for each experimental combination.

## RESULTS AND DISCUSSION

**Effect of lead on plant growth.** In this work, we analysed the possible role of exogenous nicotinamide treatment to alleviate the negative influence of  $\text{Pb}(\text{NO}_3)_2$  stress factor. Pb stress induced plant growth inhibition has been well describe by many researchers (Ruley et al. 2004; Boroumand Jazi et al. 2011; Yang et al. 2011; Lamhamdi et al. 2013; Sędzik et al. 2015; Qiao et al. 2015). In the current study, shoot and root length, number of roots per one goji explant were significantly decreased at 1 mM  $\text{Pb}(\text{NO}_3)_2$  treatment compared to control (Table 1, Fig. 1). Addition to MS medium 1 mM ascorbic acid with 1 mM  $\text{Pb}(\text{NO}_3)_2$  increased the goji shoot and root length by 31% and 74.5%, respectively, compare to lead treatment explants. The most significant changes were observed in case of number of roots. It was noticed that heavy metal stress significantly decreased the number of roots and addition to MS medium 1mM ascorbic acid with or without lead had positive effect (Table 1).

Table 1. The influence of 1 mM ascorbic acid and 1 mM  $\text{Pb}(\text{NO}_3)_2$  on shoot and root length and number of roots of goji (*Lycium barbarum* L.) *in vitro*

Tabela 1. Wpływ 1 mM kwasu askorbinowego (ASA) i 1 mM  $\text{Pb}(\text{NO}_3)_2$  na długość pędu i korzeni oraz liczbę korzeni goji (*Lycium barbarum* L.) w kulturach *in vitro*

Medium Pożywka	Morphological traits Cechy morfologiczne		
	shoot length długość pędu [cm]	root length długość korzenia [cm]	number of roots per one explant liczba korzeni na jednym eksplantacie
MS	5.45 a	3.27 a	1.36 bc
MS + 1 mM ASA	5.25 a	4.07 a	1.72 ab
MS + 1 mM $\text{Pb}(\text{NO}_3)_2$	3.06 c	2.00 b	1.27 c
MS + 1 mM ASA + 1 mM $\text{Pb}(\text{NO}_3)_2$	4.00 b	3.49 a	2.0 a
Mean – Średnia	4.44	3.2	1.58

MS – Murashige and Skoog (1962) medium – pożywka wg składu Murashige and Skoog (1962), ASA – ascorbic acid – kwas askorbinowy.

Letters (a–c) indicate significant differences between medium. Means in the same column followed by the same letter are not significantly different ( $\alpha < 0.05$ ) – Litery (a–c) oznaczają istotne różnice między rodzajami pożywek. Średnie oznaczone tymi samymi literami alfabetu nie różnią się istotnie ( $\alpha < 0.05$ ).

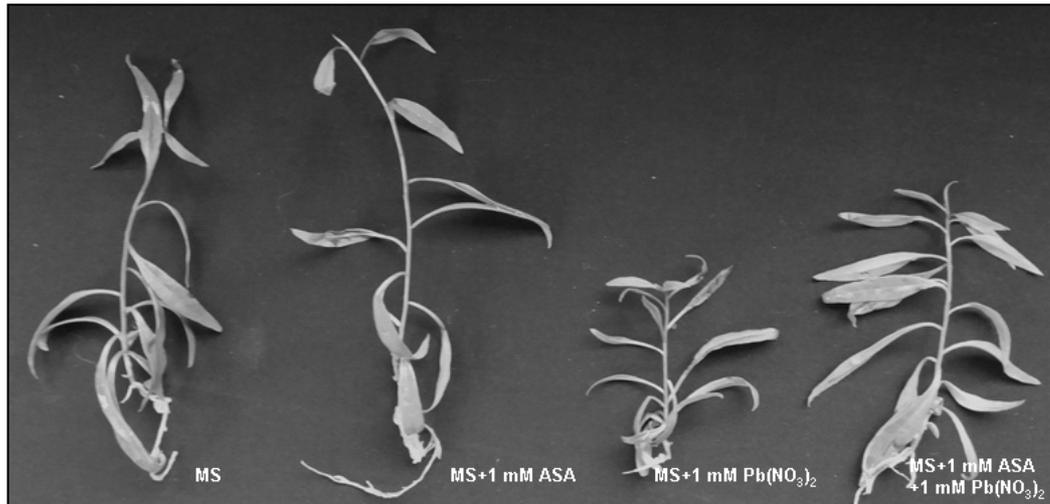


Fig. 1. Influence of 1 mM ascorbic acid with or without 1 mM  $\text{Pb}(\text{NO}_3)_2$  on micropropagation of goji (*Lycium barbarum* L.)

Ryc. 1. Wpływ 1 mM kwasu askorbinowego z 1 mM  $\text{Pb}(\text{NO}_3)_2$  lub bez tego dodatku na mikro-rozmnażanie goji (*Lycium barbarum* L.)

Moreover, goji grown in the MS medium supplemented with 1 mM ASA and 1 mM  $\text{Pb}(\text{NO}_3)_2$  developed the highest number of roots per one explants (2.0). Similar reduction in growth performance were found in wheat in response to 3 mM  $\text{Pb}(\text{NO}_3)_2$  (Lamhamdi et al. 2011). Also Boroumand Jazi et al. (2001) showed that increased concentration of  $\text{Pb}(\text{NO}_3)_2$  in the medium from 0 to 2 mM decreased length of root and stem of *Brassica napus* var. Okapi as compared to the control. According to Nagajyoti et al. (2010) the degree to which root elongation is inhibited depends upon the concentration of lead and ionic composition and pH of the medium. Inhibitory effects of lead on growth and biomass production may possibly derived from its inhibitory effect on cell division or cell expansion in the elongation zone or both of them reduce root length (Nagajyoti et al. 2010; Boroumand Jazi et al. 2011).

**Effect of lead on fresh and dry mass and PWC.** Exposure of the goji explants to 1 mM  $\text{Pb}(\text{NO}_3)_2$  markedly reduced fresh and dry mass by 53% and 52%, respectively, compared with control (Table 2).

Table 2. The influence of 1 mM ascorbic acid and 1 mM  $\text{Pb}(\text{NO}_3)_2$  on fresh and dry mass and plant water content in goji (*Lycium barbarum* L.) in *in vitro* culture

Tabela 2. Wpływ 1 mM kwasu askorbinowego (ASA) i 1 mM  $\text{Pb}(\text{NO}_3)_2$  na świeżą i suchą masę oraz zawartość wody w roślinie goji (*Lycium barbarum* L.) namnażanej w kulturach *in vitro*

Medium Pożywka	Fresh mass Świeża masa [g]	Dry mass Sucha masa [g]	Plant Water Content Zawartość wody w roślinie [%]
MS	0.248 a*	0.025 b	89.92
MS + 1 mM ASA	0.288 a	0.033 a	88.54
MS + 1 mM $\text{Pb}(\text{NO}_3)_2$	0.117 b	0.012 c	89.74
MS + 1 mM ASA + 1 mM $\text{Pb}(\text{NO}_3)_2$	0.250 a	0.024 b	90.40

Explanations see Table 1 – objaśnienia zob. tab. 1.

Addition to MS medium 1 mM ASA with 1 mM  $\text{Pb}(\text{NO}_3)_2$  greatly relieved Pb-induced reduction in fresh and dry mass and the values returned close to control. Furthermore, the use of ascorbic acid under non-stress condition caused increased in fresh and dry mass and the value were even higher than control by 16% and 32%, respectively. No effect was detected in ASA with or without  $\text{Pb}(\text{NO}_3)_2$  treatment on plant water content of goji explants.

According to many authors (Munns 2005; Tuna et al. 2008; Piwowarczyk et al. 2016), one of the assessment method to determine the influence of stress factor on plants should be evaluation of plants dry mass. Therefore, it is believed that increased tolerance to stress factor can be associated with increase or unchanged dry mass content in plants from stressed and control conditions. A similar negative effect of Pb on the reduction of fresh and dry mass by 28% and 29%, respectively, at 15 mM Pb was observed by Lamhamdi et al. (2013) in spinach. According to mentioned authors these symptoms can be essentially attributed to a deficiency of macroelements, which results from an inhibition of their uptake under stress factor. Similar results about the inhibitory effects of salt stress in the plant *Lycium barbarum* and *Lycium chinense* have been reported (Dimitrova et al. 2016). Boroumand Jazi et al. (2011) showed that the fresh and dry mass of *Brassica napus* roots was significantly decrease as plants received Pb in the nutrient solution. However, 10  $\mu\text{M}$  salicylic acid significantly increased the fresh mass of root and shoot as compare with lead treatment. Inhibition in plant fresh and dry mass under cadmium stress was significant alleviated by exogenous application of biologically active substances such as glutathione (GSH), glycinebetaine (GB), brassinosteroids (BRs), salicylic acid (SA) treatment in *Oryza sativa* (Cao et al. 2013).

**Effect of  $\text{Pb}(\text{NO}_3)_2$  on chlorophyll a and b and carotenoid content.** Measurement of chlorophylls contents, which has been shown to correlate negatively with mineral uptake, is commonly used method to monitor oxidative stress in plants (Ruley et al. 2004). The inhibition of chlorophyll synthesis by heavy metals is often manifesting as chlorosis. The change in chlorophyll structure may indicate that absorption of Pb was higher than essential mineral ions, especially magnesium (Akinci et al. 2010). In the present study, exposure of the goji explants to 1 mM  $\text{Pb}(\text{NO}_3)_2$  markedly reduced Chl a and b and Car contents by 21%, 51% and 54%, respectively, compared with control (Table 3).

Table 3. The influence of 1 mM ascorbic acid and 1 mM  $\text{Pb}(\text{NO}_3)_2$  on chlorophyll a (Chl a) and b (Chl b) and carotenoid (Car) content in leaves of goji (*Lycium barbarum* L.) in *in vitro* culture  
Tabela 3. Wpływ 1 mM kwasu askorbinowego i 1 mM  $\text{Pb}(\text{NO}_3)_2$  na zawartość chlorofilu a (Chl a) i b (Chl b) oraz karotenoidu (Car) w liściach goji (*Lycium barbarum* L.) namnażanej w kulturach *in vitro*

Medium Pożywka	Chl a [mg · g <sup>-1</sup> fw]	Chl b [mg · g <sup>-1</sup> fw]	Car [mg · g <sup>-1</sup> fw]
MS	51.45 b*	29.96 b	18.73 b
MS + 1 mM ASA	54.12 a	30.59 a	21.01 a
MS + 1 Mm $\text{Pb}(\text{NO}_3)_2$	40.63 d	14.67 d	8.64 d
MS + 1 mM ASA + 1 mM $\text{Pb}(\text{NO}_3)_2$	45.95 c	21.94 c	14.40 c
Mean – Średnia	48.03	24.29	15.69

Explanations see Table 1 – objaśnienia zob. tab. 1.

Addition to MS medium 1 mM ASA under heavy metal stress markedly increased Chl *a* and Chl *b* and Car content by 13% (Chl *a*), 49% (Chl *b*) and 67% Car) compared with Pb alone treatment. Moreover, it was observed that application of 1 mM ASA alone significantly increased photosynthetic (Chl *a* and Chl *b*) and nonphotosynthetic (Car) pigments contents compared with those in the control (Table 3). A negative influence of heavy metal stress on chlorophylls concentration in wheat and spinach plants was observed by Lamhamdi et al. (2013). Authors showed that concentrations of chlorophylls *a* and *b* were already significantly lower at 1.5 mM Pb, and this effect was more pronounced at 3 and 15 mM Pb. Similar result was obtained by Akinci et al. (2010) in tomato who found that Chl *a* and *b* and *a+b* was significantly affected by increasing lead concentration (0–300 mg · dm<sup>-3</sup>).

According to many authors (Agami 2014; Hussein and Alva 2014; Krupa-Mańkiewicz et al. 2015) the exogenous application of biologically active substances such as ascorbic acid is effective in mitigating the adverse effects of salt stress on growth of many plants. In addition, Cao et al. (2013) showed that Cd-induced chlorophyll synthesis inhibition was markedly reverted and the content was even more than control when rice seedlings were pre-treated with GSH, GB or SA.

**Effects of lead on proline and MDA content.** In opinion of many authors (Lamhamdi et al. 2011; Yang et al. 2011; Cao et al. 2013; Krupa-Mańkiewicz et al. 2015) elevated proline and MDA levels in plant tissue are quite good indicators of the negative effects of various stress factors on a plant. Excessive proline accumulation occurs as a strong reaction of environmental stress, which results from its uncontrolled biosynthesis, limited oxidation, inhibition of its incorporation into proteins and even release from proteins due to proteolysis (Girija et al. 2002). Measurement of malondialdehyde (MDA) level is routinely used as an index of lipid peroxidation under stressful conditions (Yang et al. 2011; Cao et al. 2013).

In this study, the contents of proline in goji seedlings was significantly increased (3.51 μmol · g<sup>-1</sup> fm and 4.56 μmol · g<sup>-1</sup> fm, respectively) when 1.0 mM ASA or 1.0 mM Pb(NO<sub>3</sub>)<sub>2</sub> were used in comparison to the control (1.88 μmol · g<sup>-1</sup> fm) – Table 4.

Table 4. The influence of 1 mM ascorbic acid and 1 mM Pb(NO<sub>3</sub>)<sub>2</sub> on proline and MDA in leaves of goji (*Lycium barbarum* L.) in *in vitro* culture

Tabela 4. Wpływ 1 mM kwasu askorbinowego i 1 mM Pb(NO<sub>3</sub>)<sub>2</sub> na zawartość proliny i MDA w liściach goji (*Lycium barbarum* L.) namnażanej w kulturach *in vitro*

Medium Pożywka	Proline [μmol · g <sup>-1</sup> fw]	MDA [nmol · g <sup>-1</sup> fw]
MS	1.88 d*	7.69 d
MS + 1 mM ASA	3.51 c	9.53 c
MS + 1 Mm Pb(NO <sub>3</sub> ) <sub>2</sub>	4.56 a	11.22 a
MS + 1 mM ASA + 1 mM Pb(NO <sub>3</sub> ) <sub>2</sub>	3.7 b	10.8 b
Mean – Średnia	5.91	9.81

Explanations see Table 1 – objaśnienia zob. tab. 1.

However, addition to MS medium 1 mM ASA under heavy metal stress decreased proline content by 19%, compared with Pb alone treatment. These results confirm the finding of Azooz et. al (2013) who reported that most of the vitamins tend to increase the proline content

under stress factor. Similar response to Pb treatment was previously noticed in bean (Zengin and Munzuroglu 2005), wheat (Yang et al. 2011), and in various plants species (Sędzik et al. 2015). Lamhamdi et al. (2011) observed that proline concentrations increase with those of lead in the growth medium, and this increase is more relevant in roots than in coleoptiles.

In the present study, Pb stress induced oxidative stress characterized significant increase in MDA content by 46% compare with control (Table 4). It may be suggest that more MDA accumulation could account for presence of the poisoning reactive oxygen species (ROS). Addition to MS medium 1 mM ASA with 1 mM Pb(NO<sub>3</sub>)<sub>2</sub> decreased MDA content by 4% in goji seedlings compared with Pb alone treatment. However, in comparison with the control, 1 mM ASA alone treatment induced 24% more MDA accumulation in goji seedlings, over the control. Najeeb et al. (2017) reported that since lipid peroxidation is a biochemical marker for stress-induced damage in plants, elevated MDA level under lead indicated that Pb toxicity induced oxidative damage to *Juncus effusus* L. Lead induced lipid peroxidation has already been reported in wheat (Lamhamdi et al. 2011; Yang et al. 2011). In turn, Qiao et al. (2015) observed that significant accumulation of Pb resulted in oxidative stress in *Potamogeton crispus* L. but it was efficiency controlled. The role of biologically active substances in modifying the environmental stresses induced changes in osmoprotectant contents was also investigated by Boroumand Jazi et al. (2011), Cao et al. (2013) and Krupa-Małkiewicz et al. (2015). According to Krupa-Małkiewicz et al. (2015) ascorbic acid may be of value within biotechnology for the production of valuable substances as well as plant protection. This vitamin might act as activators of protein synthesis through modulating the activity of enzymes involved in the metabolism of proteins or sugars.

## CONCLUSION

It is obvious from our results that lead treatment even at low concentration (1 mM) induced large disturbances in plant growth, especially shoot and root length. Heavy metal stress had negative influence on biochemical parameters such as proline, MDA, chlorophylls and carotenoid. However, application of 1 mM ascorbic acid as an antioxidant compound increased apical growth as well as development and biochemical parameters of *Lycium barbarum* L. in *in vitro* culture.

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**Abstract.** Lead (Pb) is the most common heavy metal pollutant in the environment. The objective of the presented study was to investigate the ameliorative effect of exogenous 1 mM ASA on key growth and biochemical parameters in *Lycium barbarum* seedlings under heavy metal (Pb(NO<sub>3</sub>)<sub>2</sub>) stress *in vitro*. Nodal cutting with an axillaries bud were used as an explants. The results showed that lead accumulation in goji explants had negative influence on morphological parameters of plant growth, such as shoot and root length. Lead caused a significant reduction in chlorophylls and carotenoid content, increased lipid peroxidation and induced significant accumulation of proline in goji leaves. Addition to MS medium 1 mM ASA greatly alleviated Pb-induced growth inhibition and Pb-induced MDA and proline accumulation. Presence of ASA in the MS medium under heavy metal stress increased plant fresh and dry mass with no significant effect on plant water content.